

Newhall School District
Student Food Allergy Prevention Plan
School Year: _____

DATE: _____

Student Name: _____ DOB: _____ Teacher: _____ Grade: _____

ALLERGY TO: _____

SPECIAL NOTES: _____

Please review and initial next to your responsibilities, and return this plan to the school health office.

Teacher:

- Know what your student is allergic to, and help eliminate exposures in and out of the classroom.
- Reinforce the “no food sharing” or “no food trading” rule.
- Encourage your students to wash their hands after they eat, and make sure desks/tables in your classroom are wiped after food is eaten or used.
- Use nonfood items for classroom projects, academic rewards, and classroom celebrations.
- Make sure any food brought in to your class is store-bought with clearly labeled ingredients, not home-prepared.
- Review student’s Emergency Allergy Action Plan. Know how to recognize signs and symptoms of anaphylaxis, and know how to respond in an emergency.
- Look out for and report, bullying or teasing, related to food allergies.
- Ensure guest-teachers, your NSD classroom aides, curriculum specialists, PE teachers, and other education specialists the student may see during the day, are aware of the allergy.
- Notify the health assistant and parent at the beginning of the year (or as soon as possible), of all upcoming field trips, so that they can plan accordingly.

Teacher Name: _____

Health Assistant/Office:

- Provide parent with allergy packet and follow up with needed health forms.
- Inform the school nurse, teacher, cafeteria, yard supervisors, administrators, and office staff of the allergy.
- Note if parent has requested that the student eat at a peanut-free table.
- Document allergy in aeries and add to your log of students with allergies.
- Inform district nurse of any medication you have received for student.
- Ensure that this care plan has been read and signed by staff.
- Ensure that emergency medication is clearly labeled and accessible in the event of an emergency.
- Review emergency response plan, and how to react in the event of an anaphylactic emergency.
- Prepare for field trips in advance.

Health Assistant Name:

Yard Supervisor:

- ___ Be aware of the student's food allergy, and know if the parent has requested the student eat at a peanut-free table.
- ___ Reinforce the "no food sharing" or "no food trading" rule.
- ___ Encourage students to wash their hands after eating, especially if you see peanut butter on them.
- ___ Wipe down tables after each group of students eat.
- ___ Review the emergency action plan. Know how to recognize signs and symptoms of anaphylaxis, and know how to respond in an emergency.
- ___ Look out for and report any observed bullying or teasing related to food allergies.
- ___ Monitor peanut-free tables to ensure that no food items made with peanuts or containing peanuts is brought to, or eaten at the table.

Yard Supervisor Names: _____ / _____ / _____
_____ / _____ / _____

Parent:

- ___ Be involved and communicate with your child's teacher, the school health assistant, and the school nurse.
- ___ If possible, send in your child's lunch and snacks from home.
- ___ If your child is eating from the cafeteria, review the food items that are safe for them to eat before each day, using the Santa Clarita Food Service Agency website (<http://www.scvschoolnutrition.org/>) or phone app.
- ___ If your child will be eating regularly from the cafeteria, and will need special meal accommodations, return the Special Meals Accommodation Form, signed by your child's doctor (provided in the allergy packet).
- ___ Consider keeping "safe snacks" in the classroom for unplanned events.
- ___ For classroom events that involve food, consider providing the classroom teacher with safe snacks for the entire class so that your child can eat what everyone else does.
- ___ Provide updated allergy forms and medication order forms (if needed) before the start of each new school year.

Parent(s) Name: _____

Student:

- ___ Learn everything that you are allergic to, and practice communicating it with others.
- ___ Do not share or trade food.
- ___ Do not eat food that is offered to you, without first checking with an adult who knows your allergens (like a parent or teacher).
- ___ Wash your hands before and after eating.
- ___ Report bullying or teasing.

Student's Name: _____
